Form 357 Rev 12/15

	Name Owers Apalachin Reviewer Sandy Phillips
School Name	: Owego Free academy Date 12/18/18
Select all grad	des: PK K 1 [2] 3 4 5 5 6 7 3 9 10 11 12 V
	I. Public Involvement
00	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
	Administrators School Food Service Staff P.E. Teachers Parents
-/-	School Board Members School Health Professionals Students Public
Ø 0	We have a designee in charge of compliance.
	Name/Title: Andy Buchsdaum Director of Athletics, PC, Health
00	We make our policy available to the public.
	Please describe: District webs: te
00	We measure the implementation of our policy goals and communicate results to the public.
	Please describe: B:-annual review; Updated Policy every 3 years.
00	The second secon
• •	Our district reviews the wellness policy at least annually.
Yes No	II. Nutrition Education
O O	Our district's written wellness policy includes measurable goals for nutrition education.
OØ	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).
\emptyset	We offer nutrition education to students in: Elementary School Middle School High School
Yes No	III. Nutrition Promotion
0 0	Our district's written wellness policy includes measurable goals for nutrition promotion.
0,0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
0,0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.
Q O	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
Ø,O	We ensure students have access to hand-washing facilities prior to meals.
00	We annually evaluate how to market and promote our school meal program(s).
00	We regularly share school meal nutrition, calorie, and sodium content information with students and families.
00	We offer taste testing or menu planning opportunities to our students.
0,0	We participate in Farm to School activities and/or have a school garden.
Q O	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
0,0	We price nutritious foods and beverages lower than less nutritious foods and beverages.
0	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars a La Carte
0,0	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
0,0	We provide teachers with samples of alternative reward options other than food or beverages.
00	We prohibit the use of food and beverages as a reward.

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
0	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Ø	ŏ	We operate the School Breakfast program: Before School In the Classroom Grab & Go
0	Õ	We follow all nutrition regulations for the National School Lunch Program (NSLP).
O	0	We operate an Afterschool Snack Program.
Õ	Ø	We operate the Fresh Fruit and Vegetable Program.
0	0	We have a Certified Food Handler as our Food Service Manager.
0	O	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
		as à La Carte Offerings In School Stores In Vending Machines As Fundraisers
Yes	No	V. Physical Activity
0	Ω	Our district's written wellness policy includes measurable goals for physical activity.
0	0	We provide physical education for elementary students on a weekly basis.
0	$\tilde{\Omega}$	We provide physical education for middle school during a term or semester.
Ø	ŏ	We require physical education classes for graduation (high schools only).
0	$\widetilde{\circ}$	We provide recess for elementary students on a daily basis.
0	Ö	We provide opportunities for physical activity integrated throughout the day.
0	$\tilde{\Omega}$	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
0	$\tilde{\Omega}$	Teachers are allowed to offer physical activity as a reward for students.
0	Õ	We offer before or after school physical activity: Competitive sports Non-competitive sports Other clubs
Yes	No	VI. Other School Based Wellness Activities
0	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
Õ	0	We provide training to staff on the importance of modeling healthy behaviors.
Õ	Ø	We provide annual training to all staff on: Nutrition Physical Activity
Ŏ.	O	We have a staff wellness program.
Ø	0	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff)
Õ	or	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
Õ	0	We have a recycling /environmental stewardship program.
Õ	a	We have a recognition /reward program for students who exhibit healthy behaviors.
8	Õ	We have community partnerships which support programs, projects, events, or activities.
VII P	roa	ress Report: Indicate any additional wellness practices and/or future goals and describe progress made in
	· • •	attaining the goals of the local wellness policy
		No.
	25-370-77	act Information:
or more	info	mation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name	6	andy Buchsbaum Position/Title Director of athletics
_ <i></i>		
Email	1 h	Phone (007-687-730)

Form 357 Rev 12/15

	Name Obeso Apalachin Reviewer Sandy Phillips
School Name	Owego Middle School Date 12/18/18
Select all grad	des: PK K 1 L 2 3 4 5 6 7 7 3 6 9 10 11 12
Yes No	I. Public Involvement
00	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
	Administrators School Food Service Staff P.E. Teachers Parents
	School Board Members School Health Professionals Students Public
00	We have a designee in charge of compliance.
	Name/Title: Andy Buchsdaum Director of Athletics, PC, Health
00	We make our policy available to the public.
	Please describe: District webs: te
00	We measure the implementation of our policy goals and communicate results to the public.
	Please describe: B: - annual review; Updated Policy every 3 years.
0	
• •	Our district reviews the wellness policy at least annually.
Yes No	II. Nutrition Education
@ O	Our district's written wellness policy includes measurable goals for nutrition education.
000	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).
Ø O	We offer nutrition education to students in: Elementary School Middle School High School
Yes No	III. Nutrition Promotion
Ø_O	Our district's written wellness policy includes measurable goals for nutrition promotion.
0,0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
0,0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.
00	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
Ø 0	We ensure students have access to hand-washing facilities prior to meals.
00	We annually evaluate how to market and promote our school meal program(s).
80	We regularly share school meal nutrition, calorie, and sodium content information with students and families.
00	We offer taste testing or menu planning opportunities to our students.
0	We participate in Farm to School activities and/or have a school garden.
00	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
90	We price nutritious foods and beverages lower than less nutritious foods and beverages.
800	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars a La Carte
80	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
00	We provide teachers with samples of alternative reward options other than food or beverages.
\odot	We prohibit the use of food and beverages as a reward.

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
0	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
0	0	We operate the School Breakfast program: Before School In the Classroom Grab & Go
0	0	We follow all nutrition regulations for the National School Lunch Program (NSLP).
0	0	We operate an Afterschool Snack Program.
O	0	We operate the Fresh Fruit and Vegetable Program.
0	0	We have a Certified Food Handler as our Food Service Manager.
0	O	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
		as à La Carte Offerings on School Stores on Vending Machines of School Stores
Yes	No	V. Physical Activity
0	Ω	Our district's written wellness policy includes measurable goals for physical activity.
0	0	We provide physical education for elementary students on a weekly basis.
0	Õ	We provide physical education for middle school during a term or semester.
ŏ	õ	We require physical education classes for graduation (high schools only).
0	$\tilde{\circ}$	We provide recess for elementary students on a daily basis.
Ø	õ	We provide opportunities for physical activity integrated throughout the day.
Ø	0	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
ŏ	$\tilde{\circ}$	Teachers are allowed to offer physical activity as a reward for students.
Ø	$\tilde{0}$	
Yes	No	We offer before or after school physical activity:
0	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
õ	8	We provide training to staff on the importance of modeling healthy behaviors.
Õ	8	CONTRACTOR
õ	0	
8	0	We have a staff wellness program.
\sim	8	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).
0	8	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
0	8	We have a recycling /environmental stewardship program.
8	0	We have a recognition /reward program for students who exhibit healthy behaviors.
\//\ B	U	We have community partnerships which support programs, projects, events, or activities.
VII. P	rogi	ress Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy
192	SIE .	attaining the goals of the local wellness policy
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		act Information: mation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name	6	lady buchs baum Position/Title Derector of athletic
Email	bu	schsbaumale bacsdora Phone (07-687-730)

Form 357 Rev 12/15

	Name Oweso Apalachin Reviewer Sandy Phillips
School Name	Owego Elementary School Date 12/18/18
Select all grad	Dwe go Clementary School Date 12/18/18 des: PK K 1 2 3 4 4 5 6 7 3 3 10 1 1 2 1
Yes No	I. Public Involvement
0	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
	Administrators School Food Service Staff P.E. Teachers Parents
α'	School Board Members School Health Professionals Students Public
90	We have a designee in charge of compliance.
-/-	Name/Title: Andy Buchsdaum Director of Athletics, PK, Health
00	We make our policy available to the public.
	Please describe: District webs: te
00	We measure the implementation of our policy goals and communicate results to the public.
	Please describe: B annual review; Updated Policy every 3 years.
00	Our district reviews the wellness policy at least annually.
Yes No	II. Nutrition Education
00	Our district's written wellness policy includes measurable goals for nutrition education.
00	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).
Ø O	We offer nutrition education to students in: Elementary School Middle School High School
Yes No	III. Nutrition Promotion
0	Our district's written wellness policy includes measurable goals for nutrition promotion.
00	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.
00	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
0	We ensure students have access to hand-washing facilities prior to meals.
80	We annually evaluate how to market and promote our school meal program(s).
0	We regularly share school meal nutrition, calorie, and sodium content information with students and families.
000	We offer taste testing or menu planning opportunities to our students.
	We participate in Farm to School activities and/or have a school garden.
00	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
90	We price nutritious foods and beverages lower than less nutritious foods and beverages.
0	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars a La Carte
800	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
0	We provide teachers with samples of alternative reward options other than food or beverages.
()	We prohibit the use of food and beverages as a reward

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
0	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Ø	Ŏ	We operate the School Breakfast program: Before School In the Classroom Grab & Go
0	0	We follow all nutrition regulations for the National School Lunch Program (NSLP).
0	0	We operate an Afterschool Snack Program.
0	0	We operate the Fresh Fruit and Vegetable Program.
0	0	We have a Certified Food Handler as our Food Service Manager.
0	0	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
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Yes	No	V. Physical Activity
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0	0	We provide physical education for elementary students on a weekly basis.
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Yes	No	VI. Other School Based Wellness Activities
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0	0	We have a staff wellness program.
Q	0	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .
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0	0	We have community partnerships which support programs, projects, events, or activities.
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		act Information: mation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name	4	Indy Buchsbaum Position/Title Director of athletics
Email	P	Phone (007-687-730)

Form 357 Rev 12/15

LEA/District Name Owers Hpalachin Reviewer Sandy Phillips		
School Name Apalachin Clementary Date 12/18/18 Select all grades: PK K 1 1 2 7 3 4 4 5 6 7 6 7 3 10 1 1 2 1		
Select all grad	les: PK K 1 1 2 7 3 4 5 6 7 6 7 3 10 1 .2	
Yes No	I. Public Involvement We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: Administrators School Food Service Staff P.E. Teachers Parents	
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00	Name/Title: Andy Buchsdaum Director of Athletics, PK, Health	
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00	We regularly share school meal nutrition, calorie, and sodium content information with students and families. We offer taste testing or menu planning opportunities to our students.	
80	We participate in Farm to School activities and/or have a school garden.	
80	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc). We price nutritious foods and beverages lower than less nutritious foods and beverages.	
00	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars a La Carte	
800	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc. We provide teachers with samples of alternative reward options other than food or beverages.	
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Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
0	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Ø	Ö	We operate the School Breakfast program: Before School In the Classroom Grab & Go
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and resultant their		act Information: rmation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name	a	ndy Buch bourn Position/Title Director of ataletica
Email	L	Phone Phone

Form 357 Rev 12/15

	Name Ower Sandy Ph: 11: ps
School Name	West Seasning Center Date 12/18/18 des: PK K 1 1 2 1 3 4 4 5 5 6 7 7 8 9 9 10 11 12 12
Select all grad	des; PK K 1 2 3 4 5 5 6 7 7 8 9 10 11 12 2
	I. Public Involvement
0	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: Administrators School Food Service Staff P.E. Teachers Parents
-/-	School Board Members School Health Professionals Students Public
Ø 0	We have a designee in charge of compliance.
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Yes No	IV. Nutrition Guidelines (Cont. from page 1)
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Yes No	V. Physical Activity
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/III Cont	act Information:
	rmation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
<u> </u>	
Name 4	Indy Buchsbaum Position/Title Director of athletic
Email 📙	such shauma @ oacsd.org Phone 607-687.7301